



## Mantra and the Goddess: A Poetic Interpretation of the Sri Lalita Sahasranama

By Lalitambika Devi

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Mantra and the Goddess: A Poetic Interpretation of the Sri Lalita Sahasranama, Lalitambika Devi, "Mantra and the Goddess" is a guide to a life of inner beauty. It includes sacred teachings for healing the mind, as well as a poetic rendering of the Sri Lalita Sahasranama. Chanted around the world, the Thousand Names of the Goddess reveal the power of the feminine, and how to realize our limitless potential. With eloquence and sensitivity, Swamini Sri Lalitambika Devi weaves the poem's timeless wisdom into daily life experience. Drawing on various spiritual traditions, as well as her childhood, she explains how mantra may be used to alleviate emotional distress. Also included are myths about the life of the Goddess. The poem itself reveals the virtue, allure, and triumph of the Goddess in each of us.



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