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One Day: A Story about Positive Attitude (Paperback)

By Barb Chrysler

Nanshe Publishing, United States, 2015. Paperback. Book Condition: New. Philip Mcivor (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.One Day: A Story About Positive Attitude highlights that life's obstacles are made to be transcended. This book is a story about how young people dream of being like their favourite soccer players and one day through pursuing their dreams they become a role model for other people. Each successful player we know had to overcome different types of challenges, and so can our children who dream big. One Day reminds kids that falling is temporary and provides them with knowledge of the attitude they need to rise again and continue the pursuit of their goals. The winning mindsets of their favourite role models are outlined including believing in your dream, having confidence in your ability, working hard, having faith, and staying positive. Talent alone will not make you achieve your goals, but hard work, dedication, and positive attitude will. This book is an attempt to address a gap in sports psychology literature by providing the concepts in a book youth will understand. Often in training programs mental attitude is overlooked; however, it...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**