



Practice Perfect Softball (Paperback)

By National Fastpitch Coaches Association

Human Kinetics Publishers, United States, 2016. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book. In Practice Perfect Softball, the NFCA's top coaches share the elements that have helped them reach the pinnacle of the sport. It provides practical advice, checklists and assessments for coaches to use in developing their own plans as well as drills and activities used by the game's elite coaches and teams. From pitching and catching to hitting and fielding, readers of Practice Perfect Softball are certain to create practices that engage all players and establish a competitive environment necessary for improvement.



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